



This Week's Inspiration

April 15, 2010

“No Regrets”

Dear Friend,

In the Sunday morning sermons and fifty Life Groups, we are considering and discussing how to live our lives to the fullest so that we escape the pangs of regret. The group I participate in engaged in an interesting discussion of what we consider important to a life lived well. We came up with four big ideas:

- **Relationships** – To live life well, we must connect in healthy ways to other people. We must love and be loved.
- **Soul Development** – Living well means growing into the full person God created us to be.
- **Experiences** – Most people have a wish list of experiences that would enrich their lives.
- **Meaningful Work** – It seems the human soul desires to give something of its best self to accomplish goals that have lasting value.

I encourage you to take these four categories and apply them to your life so that you can determine the nature of what it would mean for you to live your life well and without regrets.

Doc

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Weekly Inspiration

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