



This Week's Inspiration

April 7, 2010

“Live the Grand Adventure”

Dear Friend,

Beginning next week, about 600 men and women in Christ Church will participate in life groups discussing Kerry and Chris Shook’s book, One Month to Live: Thirty Days to a No Regrets Life. In their book they write, “Be brutally honest with yourself. Your time on earth is limited. Shouldn’t you start making the most of it?”

These three sentences are compelling to me. They resonate with my awareness that my life has already flashed by at a speed I never predicted. I am looking forward to participating in a life group for three reasons:

- I am enriched by discussing important ideas with other thoughtful adults.
- These discussions add a sense of joy and well-being to me. I like being around people who enjoy life.
- I sense that in these discussions the Holy Spirit will guide me to make important decisions and fine tune my life so that I live a life I do not regret living.

If you have not joined a group, I encourage you to give it a chance. The commitment is so small – only one hour a week for six weeks; and the payoff could be a richer, more meaningful and content life. If you are unable to join a life group, please read and think through the book and join me for this sermon series on Sunday mornings.

God bless you as you discern the grand adventure of living life in Christ.

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