



This Week's Inspiration

April 1, 2010

“Praise Others”

Dear Friend,

I hope you have been experimenting with the will to praise God and others.

A friend of mine told me one day about his experience of calling one of his colleagues to praise him for success in a recent competition. The man who received the praise responded with delight, but noted that none of his other colleagues had noticed. My friend told me that practicing this small act of praise made him feel good and delighted his colleague.

If you need help to get started in the exercise of a healthy way to praise others, let me suggest three experiments:

- Read Psalm 145-150 and find a praise for God that you enjoy. Speak this praise out loud to God once a day for a week.
- Pay attention to your family or friends and praise one of them every day for a week.
- Pay attention to your coworkers and once each day praise one of them for their good attitude, good work or rich thoughts.

By praising others you strengthen and enrich your own will and you create healthy bonds of love and friendship. I praise you for joining me every week in the Inspirational Message.

Doc

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Weekly Inspiration

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